



Year 7 – Learning from home

There may be circumstances this academic year where you are required to stay away from school but are healthy and able to work at home. If you are absent from school, please follow the guidance below to choose some appropriate tasks.

- Where possible, you should try to follow your school timetable when deciding which subjects to study each day.
- Please use the guidance below to find some suitable activities to help you to learn.

Oak National Academy – this is a website that provides lesson activities for all year groups. One way to utilise this is to select specific topics, if you know what you have been studying in class. Alternatively, you can find a series of lessons assigned to each school day. To do this, follow the instructions below:

Go to [Oak Academy](#) link → Choose [Schedule](#) icon → Choose [Year 7](#)

Use the tabs to choose the correct day and follow the lessons for that day.

These lessons may not be exactly what are being covered at that time in Icknield, but will have been designed to be age appropriate and will be valuable learning experiences nonetheless.

BBC Bitesize – again, this website has a multitude of wide-ranging learning resources.

Go to [this link](#) to see the range of subjects which are resourced on BBC Bitesize. Choose the subject you wish to study. You could then either:

- a) Identify a topic that you are interested in studying and follow the links to learn more about it.
- b) Choose a theme or topic that you are currently studying in school, following the links to deepen your knowledge.

Alternatively, go to [this link](#) for 10 weeks of Year 7 lessons on BBC iPlayer. Whilst these lessons might not be totally relevant to what the classes in school are learning at the moment, they are all valuable learning in themselves. Many of the videos merge a range of subjects.

Other resources

If you have a PE lesson, you could use a [PE with Joe Wicks](#) video from the summer term via youtube or try to complete some of the challenges set [here](#) by our own PE teachers.

If you have an MFL lesson, you could spend some time trying to learn commonly used verb tables or invest time on Duolingo.

If you have a maths lesson, you could spend time using [Hegarty Maths](#), an online tool that students will regularly use in class.

If you have an English lesson, it is always valuable to spend some time reading a fiction or non-fiction book. Perhaps you could then find some time to take a quiz about that book on Accelerated Reader in your next library lesson.

One of the most important techniques to improve long-term retention of knowledge is to spend time trying to recall past learning. It is really valuable to spend time trying to recall key knowledge learned in lessons last lesson/ last week / last month / last year. This might mean creating a spider diagram, a poster or just talking with somebody about what you can remember. If you realise that there are some things you can't recall, use any of the resources on this page to try to re-learn it.

When you return to school, we would encourage you to speak to your teachers about the lessons that took place during your absence as well as the work that you completed so that you can plan any additional work that you might choose to complete.